Personal Care

English

Age Requirements 18 and over Intake Process Visit the website for information; call the office. **Report Problems** Call the Agency Self Refer Yes FirstLight Home Care of Springfield https://www.firstlighthomecare.com/home-healthcare-springfield-alexandria/ https://www.facebook.com/FirstLightHomeCareGreaterSpringfield/ Main (703) 982-7646 9020-F Lorton Station Blvd, Suite 109 22079 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure Fee Range Payment Method(s) Private Pay Languages Spoken

Firstlight Home Care of Springfield offers personal care services in your home. Nonmedical in-home care for adults of all ages is available wherever and whenever it is needed. Caregivers at FirstLight are compassionate, caring, sincere, experienced, and attentive.

Whether for seniors that need some assistance in order to stay in their homes, families with members who have special needs or disabilities, those recovering from an illness or surgery, or even people who just need someone to talk to and visit with, FirstLight caregivers can provide services for several hours a week up to full time, live in situations. Dementia and Veteran care services are available.

Personal care can include assistance with activities of daily living, such as bathing, dressing, toileting, hygiene, feeding, grooming, etc. Companion services are also available, including medication reminders, meal planning and preparation, laundry services, recreational activities, routine or incidental transportation, errand service, and more.

Please contact the office for more information.

Service Area(s) Alexandria City , Arlington County , Fairfax City

Fairfax County

Falls Church City