

## **In Home Assistance, Norfolk**

Age Requirements

56-60

,

60+

Available 24/7

No

Intake Process

Call the office or access services through the website.

Provider Refer

Yes

Report Problems

Call the Agency

,

Send an Email

,

Other

Self Refer

Yes

Naborforce

<https://naborforce.com/>

<https://www.facebook.com/naborforce>

<https://twitter.com/naborforce>

Main

(844) 696-2267

Toll-Free

(844) 696-2267

106 West Randall Avenue

23503 VA

United States

Monday: 8:00 am-9:00 pm

Tuesday: 8:00 am-9:00 pm

Wednesday: 8:00 am-9:00 pm

Thursday: 8:00 am-9:00 pm

Friday: 8:00 am-9:00 pm

Saturday: 9:00 am-9:00 pm

Sunday: 9:00 am-9:00 pm

#### Additional Availability Comments

There may be circumstances where you may need a Nabor outside of our stated hours and we will do our best to accommodate you. Service is available every day of the year. On certain holidays, it may be a bit harder to find an available Nabor.

#### Fee Structure

Fixed Fee

#### Payment Method(s)

Credit / Debit

,

Private Pay

#### Languages Spoken

English

Naborforce offers a variety of services to help individuals stay healthy and independent. Services can include such things as changing overhead lightbulbs, carrying items down from the attic, hauling the garbage receptacle to the curb, etc. While some of our Nabors may be quite handy, they do not provide any plumbing, carpentry or electrical services. Nabors are happy to work alongside you in the garden and help with a few things outside, but they do not provide landscaping or yard maintenance services.

A Nabor can do the grocery shopping, pick up prescriptions, mail or pick up packages, drop off or pick up dry cleaning, shop for gifts, pick up or return library books, take items to Goodwill and more.

#### Service Area(s)

Chesapeake City

,

Norfolk City

,

Virginia Beach City

,

Williamsburg City

,

York County

Email

[hello@naborforce.com](mailto:hello@naborforce.com)