

## **Saber Healthcare, Portside Health and Rehab Center, Nursing Facility**

Age Requirements

18 and over

Available 24/7

Yes

Family

No

Intake Process

Visit the website; call the office

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Medicare

Qualification Type

Certification

Qualification Entity

Medicaid

Qualification Type

Licensure

Qualification Entity

Virginia Department of Health

Qualification Number

49-5201

Report Problems

Call the Agency

Saber Healthcare, Portside Health and Rehab Center

<https://www.saberhealth.com/locations/portside-health-rehab-center>

<https://www.saberhealth.com/services/skilled-nursing>

<https://www.facebook.com/PortsideHealthandRehab>

Main

(757) 654-1444

4201 Greenwood Drive  
23701 VA  
United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

Saber Healthcare, Portside Health and Rehab Center brings together skilled nursing care and rehabilitation specialists to meet residents' varying medical needs and help older adults maintain or regain function. The nursing care facility offers 112 long term care beds, plus 80 skilled nursing beds offering more specialized acute care. Dining and meal preparation services and dietitian nutrition are on-site.

Our skilled nursing services include, but are not limited to:

- 24-Hour Skilled Nursing Care
- Post-Surgical Care
- Wound Care Management
- Pain Management
- IV Therapy including IV Antibiotics
- Nutritional Monitoring
- Neurological, Cardiac and Stroke Recovery
- Physical, Speech and Occupational Therapy
- Pulmonary Services

Service Area(s)

Norfolk City

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Portsmouth City