

## **Charles Houston Senior Center**

Age Requirements

60+

Available 24/7

No

Family

No

Intake Process

Walk in; call or visit the website for information about programs and classes offered.

Self Refer

Yes

Alexandria Aging and Adult Services Division

<https://www.alexandriava.gov/Aging>

<http://alexandriava.gov/recreation/info/default.aspx?id=46858>

<https://www.facebook.com/sharer.php?u=https%3A//www.alexandriava.gov/Aging>

Main

(703) 746-5552

901 Wythe St

22314 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Hours may vary

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

Charles Houston Senior Center - The center serves seniors aged 60+. It offers wellness classes such as yoga and nutrition education, blood pressure screenings, support groups; intergenerational activities; recreational and social activities including table games, cards, dominoes, Bingo, bowling, field trips and parties. Breakfast and lunch served daily. Door-to-door bus transportation service to the Center is available. Center operated by Alexandria Redevelopment and Housing Authority (ARHA), under contract with the Division of Aging and Adult Services.

To participate in meals, individual must be Alexandria resident and over 60 years of age. Participants are asked to make a donation to help cover the cost of the meal, but no one is required to donate.

The Senior Center is located in back of the Nannie J. Lee Recreation Center.

{Languages: Uses bilingual staff within Alexandria Department of Human Services}

Service Area(s)

Alexandria City

Email

[DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov)