Options Counseling

Age Requirements 60+ Available 24/7 No Intake Process Contact intake at 757-461-9481 Self Refer Yes Senior Services of Southeastern Virginia <u>http://www.ssseva.org/</u> Main (757) 461-9481 2551 Eltham Avenue Suite Q 23513 VA

United States

Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed Languages Spoken English

Senior Services of Southeastern Virginia offers Options Counseling. This is an interactive decision-support process whereby individuals, with support from family members, caregivers, and /or significant others, are supported in their deliberations to make informed long-term support choices in the context of the individual's preferences, strengths, needs, values, and individual circumstances.

Service Area(s)

Chesapeake City

Franklin City

Isle of Wight County

Norfolk City

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Portsmouth City

, Southampton County

Suffolk City

, Virginia Beach City Email <u>services@ssseva.org</u>