

## Senior Meal Program at Arlington Mill

Age Requirements

56-60

,

60+

Family

No

Intake Contact

Senior Adult Programs

Intake Contact Email

osap@arlingtonva.us

Intake Contact Telephone

(703) 228-4747 x3

Self Refer

Yes

Arlington County Department of Parks and Recreation

<http://parks.arlingtonva.us/>

<https://parks.arlingtonva.us/locations/arlington-mill-community-center/>

Main

(703) 228-7790

3308 S. Stafford St.

22203 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

,

Spanish

Under the auspices of the Older Americans Act, Title III, nutritious meals are provided to individuals age 60 and over in three of our Senior Centers. Other services included are nutrition screening, assessment and education and counseling as appropriate, along with participation in daily fitness, recreational and social activities, and programs promoting health and wellness. There are also opportunities to participate through volunteerism.

For information regarding the Arlington's 55+ and Arlington's Senior programs, please call 703-228-4744.

Service Area(s)  
Arlington County