[Cecilia Epps Community Senior Center with Mid-Day Meal, Nelson](#)

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Independent Adults who are mobile and not homebound. Caregivers must attend with clients if personal assistance is needed.

Family

No

Intake Contact Email

lgray@jabacares.org

Intake Process

Call, email, or stop in for a visit

Intake Contact Telephone

(434) 817-5222

Provider Refer

Yes

Self Refer

Yes

JABA (Jefferson Area Board for Aging)

https://www.jabacares.org/

http://www.jabacommunityseniorcenters.org/#/nelson-community-senior-center/

https://www.facebook.com/jaba.charlottesville/

JABA (@jabacares) / Twitter

Main

(434) 817-5222

Toll-Free

(833) 559-2428

8445 Thomas Nelson HIghway

Suite 102

22949 VA

United States

Monday: 10:00 am-2:00 pm
Tuesday: 10:00 am-2:00 pm
Wednesday: Closed
Thursday: Closed
Friday: Closed
Saturday: Closed
Sunday: Closed
Additional Availability Comments
Administrative office hours are Monday through Friday from 8:30 AM until 5:00 PM.
Fee Structure
Suggested Donation
Languages Spoken
English

The Cecilia Epps Community Senior Center located inside the Nelson County Community Center, offers a hot, freshly prepared lunch, which incorporates local foods when available. Please call for more information.

JABA's Cecelia Epps Community Senior Center in Nelson County provides access for older adults (60+) and their families to a wide array of community services essential for maintaining health, independence, and wellbeing. Programs are offered in four core areas: Health and Nutrition, Education and Recreation, Physical Fitness, and Volunteerism. Programs include lectures, live arts, exercise classes, interest groups, nutritious lunches, health education and screenings, entertaining activities, and community based events. Through a case manager, the center also provides home based nutrition services.

 Caregivers are expected to attend along with individuals who require personal assistance.

Service Area(s)
Nelson County
Email
info@jabacares.org