

# **Volunteer Opportunities for Therapeutic Riding Program**

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact Email

info@liftmeup.org

Intake Process

Visit the website, call the office

Self Refer

Yes

Lift Me Up!

<http://www.liftmeup.org/>

<https://liftmeup.org/volunteer-information>

Main

(703) 759-6221

9700 Georgetown Pike

22066 VA

United States

Additional Availability Comments

Please call for more information on schedule

Languages Spoken

English

Volunteers are the lifeblood of the Lift Me Up! program. They enable many benefits of therapeutic riding to be provided to the horse riders including sidewalking, horse leading, fielding phone calls and redirecting wayward barn cats. Barn and facilities volunteers are also needed morning, afternoon and early evening, Monday through Sunday. You don't have to be a horse person to help. Training is provided for all volunteers.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County