

## Companion Care

Age Requirements

56-60

,

60+

Available 24/7

No

Family

No

Intake Contact

Russell Lanning

Intake Process

Call the Office

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

Hand 'n Heart, Virginia Beach

<https://handnheart.org/>

<https://handnheart.org/senior-care-companion/>

Main

(757) 490-1223

900 Commonwealth Place, Suite 100

23464 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

Hand 'n Heart provides companion care at home. Companion care includes help with laundry, meal planning and preparation, grocery shopping, errands, socialization, accompanying to appointments, and more.

Please call the office for information.

Service Area(s)

Chesapeake City

,

Norfolk City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City