

## **Options Counseling / Care Management Services**

Age Requirements

No Age Requirement

Available 24/7

No

Family

No

Intake Process

Contact the office

Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

Main

(757) 461-9481

2551 Eltham Avenue

Suite Q

23513 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Senior Services of Southeastern Virginia offers adult care coordination in the form of Options Counseling or Care Coordination. Options Counselors help seniors live

independently by performing a telephone or home-based assessment and then working with individuals to develop a person-centered plan of care. Options Counseling includes explaining resource options for physical, medical, financial, or emotional needs, coordinating with other agencies as necessary, and providing resources and support to existing caregivers or linking them to the Caregiver Specialist. The Caregiver Specialist provides care coordination to seniors who have caregivers, working with them to obtain the services and supports needed to allow the seniors to remain in their residence of choice and to help alleviate caregiver burden and burnout.

Service Area(s)

Chesapeake City

,

Franklin City

,

Isle of Wight County

,

Norfolk City

,

Portsmouth City

,

Southampton County

,

Suffolk City

,

Virginia Beach City

Email

[services@ssseva.org](mailto:services@ssseva.org)